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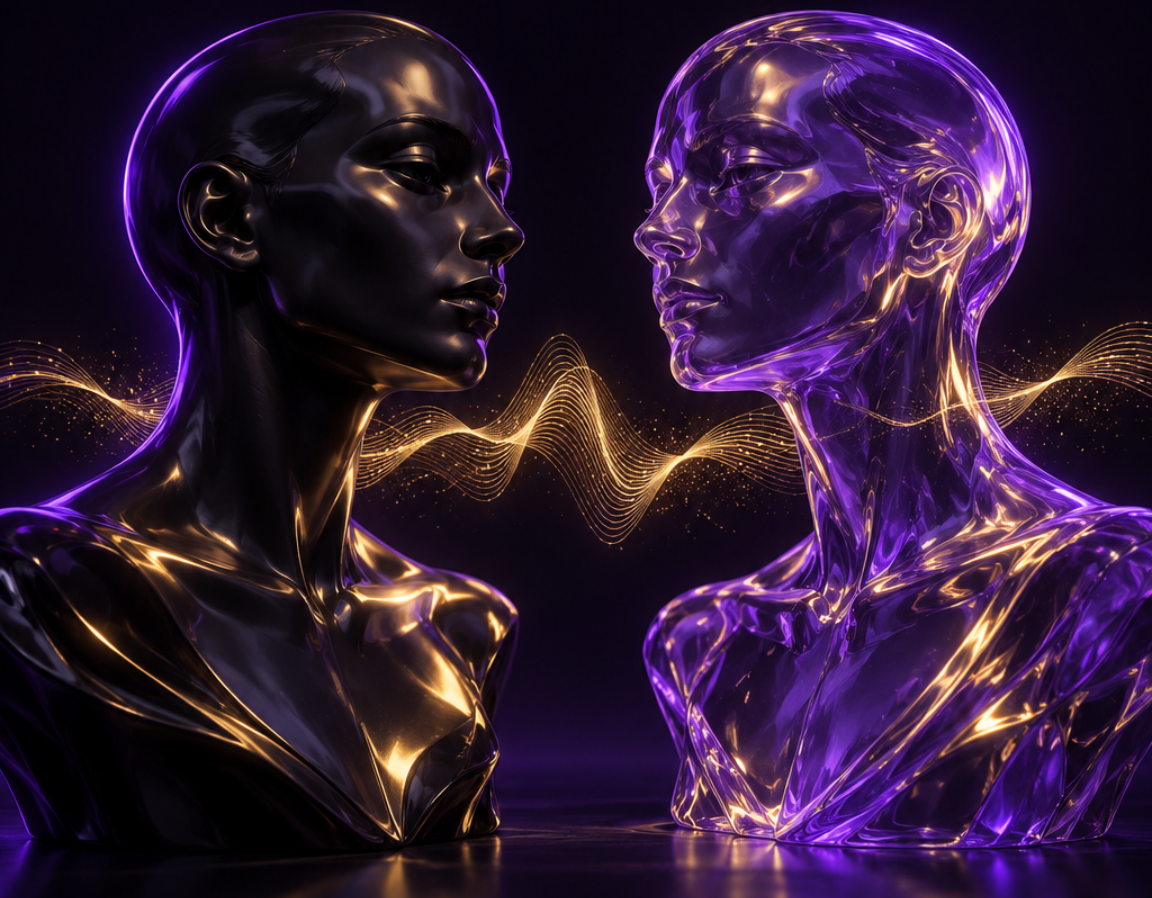
AI & DIGITAL MARKETING ACADEMY

COMPLETE WORKBOOK / 54 PAGES

AI AVATAR GUIDE

Create Your Realistic Digital Twin

Economic, medium and premium workflows



Your own face and voice in business videos

Recording plans, worked case and reusable worksheets

Published 28 September 2026 | Version 1.0

MarketMeGlobal.com | Cover artwork is illustrative

Make your first test small

A talking avatar combines an approved message, your image, speech and a video engine. Before committing to a larger setup, prepare one short message you can check completely.

Economic option: FlexClip + your own narration

Use a genuine, front-facing portrait and record the narration yourself. This approach avoids a separate voice-cloning subscription, but you will record fresh speech for each new message.

Prepare these three things

1. **A clear portrait.** Use soft light, an uncluttered background and a recognisable, unretouched view of your face.
2. **A short script.** Explain one useful action using only facts you have approved.
3. **Clean narration.** Record in a quiet space and listen for echo, noise and cut-off words before uploading.

What makes a useful first proof?

Keep the opening test short. Check that the face remains recognisable, the words are correct and the mouth follows the speech. A convincing appearance does not make the message accurate.

Use your own authorised image and voice. Check the current plan, generation quote and commercial-use terms before paying. Software subscriptions and credits are separate from the guide.

Tool reference: [FlexClip AI Lip Sync](#). Guidance checked 28 September 2026; interfaces and terms can change.

Approve a script before you generate

Choose one audience, one problem and one useful next action. Try this adaptable prompt with your preferred text assistant:

Copy and adapt

Write a 30-35-word spoken script for [audience]. Use only these facts: [approved facts]. Introduce [name] and give one practical action. Do not invent results, credentials or guarantees. Return the script and flag anything that needs verification.

Illustrative edited example

"I'm Alex, a consultant in Paphos. Before you buy another app, pick one task that keeps slipping. Write down the next action, its owner and its due date, then review what is blocking it."

Read it aloud. Remove wording you would never use. If the AI invents a claim, delete it and ask for a revision using only your supplied facts. Save the approved version.

Ready for the complete workflow?

Buy **AI Avatar Guide: Create Your Realistic Digital Twin** for the full 54-page guide and companion pack. The medium and premium tool selections, setup details and cost comparisons are reserved for the paid edition.

Get the complete recording plan, step-by-step workflows, troubleshooting, six-page worked case, reusable worksheets, copyable prompts and cost calculator.

[Explore the full guide at Market Me Global Academy](#)

This preview includes no software, generated avatar or voice model. Results depend on your source material, chosen tools and review. Full-guide availability and the purchase price are shown by the Academy.